

Modern Laser Treatments For Back Pain

When you yourself have been suffering from back pain for quite a while and aren't considered a fit candidate for surgery, you may be thinking that you will have to be determined by medicines and physical therapy for the others of your life.

But because of advanced medical procedures, minimally invasive laser spine surgery might help you eliminate that unbearable pain and depressing, inactive lifestyle. Laser spine surgery is just a minimally intrusive, endoscopic method to take care of upper and back pain.

In this procedure, a pipe is inserted to the spinal cord via a small incision made on the spine. Your skin and muscles are gently dilated by placing larger tubes on the smaller ones. Once the ultimate tube is successfully inserted, the spine is operated upon with the help of a fibre optic camera, lasers and microscopic magnifying equipments. Only that percentage of the disc which compresses the spinal canal or even a nerve root is removed, leaving most of the disc intact.

Laser can be used to detangle nerves or ease herniated discs which could be the reason behind severe back pain. It may be performed under local anesthesia combined with intravenous sedatives, eliminating the risk from anesthesia, and the surgery isn't intrusive this means it doesn't require your back to be cut up. Not only that, the surgery lasts only just about an hour and the recovery time can also be negligible.

laser spine surgery can help treat several painful spine conditions which might manifest as back pain, neck pain and leg pain. Several of those conditions are sciatica, arthritis, herniated discs, spinal stenosis and degenerative disc disease.

A laser spine surgery procedure known as Foraminotomy can successfully treat conditions like bulging discs or herniated discs and even bone spurs, scar tissue formation or compressed nerve roots.

When compared with conventional surgery, you need not have your complete spinal cord opened up for laser spinal surgery. Small incisions will soon be made on the spine and surgery will be done through these incisions. Additionally, it ensures significantly less blood loss than conventional surgery. There is also less scarring and hence lesser threat of scar tissue formation formation, which may eventually cause back pain.

Additionally you do not need lengthy hospitalization, as a result of laser surgery which doesn't require your back once again to be cut up. In addition it minimizes the risk of affecting other important organs in the body. After surgery, you require very little or no physical therapy. You can also resume your normal activities soon enough, except lifting heavy weights.

Back pain do not need to spell the conclusion of one's active life. With minimally invasive laser treatment procedures you can regain the caliber of your life in no time.

About the Author

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